



AVIANTO

a village made in heaven

CONFERENCE LUNCH BUFFET MENU



MENU 01

Stir-fry option

SALADS - COLD SELECTION

Truffle Asparagus with Parmesan and Eggs
Smoked Chicken and Watercress Salad
Fresh Figs and Haloumi Salad
Summer Corn and Tomato Pasta Salad
Beetroot and Carrot Slaw
Tuna Salad
Tomatoes and Roquette Salad
Grilled Peach and Mozzarella Salad
Spinach Salad with Honey Dressing and Honeyed Pecans

MAIN

Thai-Style Stir-Fried Chicken
Asian Green Bean Stir-Fry
Pork and Mushroom Stir-Fry
Citrus and Ginger Steamed Fish with Stir-Fry
Asian Meatballs Stir-Fry with Peppers
Beef and Snow Pea Stir-Fry with Easy Fried Rice

DESSERT

Orange Panna Cotta
Pecan Nut Tartlet with Whipped Cream
Amarula Tiramisu in glasses of Seasonal Whole Fruit
Passion Fruit Ring Cake with Frosting

FILTER COFFEE AND A SELECTION OF TEA